



Why Should I Attend

As a female athlete, you want to be the best that you can possibly be. How can you better improve your skill than with practice and motivation from one of the area's most successful coaches? How can you learn proper form if you haven't been taught? Form and fundamentals such as weight distribution, top hand, and bat speed will be carefully and thoroughly explained in this small group setting. You can improve your game while your opposition—the girls you will one day face on the field—are not polishing their skills through practice, drills, and coaching.



Upstate Winter Softball Camp

- **Location**
Cyrill Stadium on the campus of USC Upstate
- **When**
January 29, 2010 (Rain date - January 30)
11:00 am - 4:30 pm
- **Who**
Girls ages 8-18. **Only the first 150** girls will be admitted. This will allow adequate time for individual instruction for each camper.
- **Cost**
\$60 per per person
\$50 per person in groups of 8 or more

Registration and fees must be paid by Jan. 17. Cost for campers who register after the due date is \$70.

Make checks payable to: Upstate Softball Camp

For more information or to make reservations, please call, Ciria Triplett at (864) 503-5792.



Upstate Softball Winter Camp January 29, 2011

www.UPSTATESPARTANS.com



About the Coaching Staff

Chris Hawkins, Camp Director

- Head Softball Coach at USC Upstate
- Owns a 558-261-1 career record in 16 seasons at Upstate
- Coached Upstate to a share of the A-Sun Regular Season Championship in 2008
- Coached Upstate to an appearance in the championship game of the A-Sun Tournament in 2010
- Coached Morgan Childers to 2008 A-Sun Pitcher of the Year and Freshman of the Year honors, as well as NFCA Second Team All-Region
- Had eight players selected all-conference in the A-Sun in the last three seasons
- Had four players named all-freshman in the A-Sun
- Led USC Upstate to four-straight appearances in the NCAA DII Tournament and a final #16 ranking in 2005
- Played fastpitch softball for 11 years
- Played professional baseball for the Houston Astros
- Has run fastpitch softball camps throughout South Carolina for the past 16 years
- Coached numerous summer travel teams



Ciria Triplett

- Assistant Coach, pitching coach at USC Upstate
- Fifth year at Upstate
- Former pitcher at Central Washington University
- Holds Central Washington's all-time records for saves and games finished

Bryan Pack

- Assistant Coach at USC Upstate
- Third year at Upstate
- Former assistant coach at SMC

USC Upstate Softball Team Players

- Won the 2008 A-Sun regular season championship
- Six A-Sun All-Conference and five A-Sun All-Freshman selections in three years
- Combined for 104 wins in the last three seasons
- Ranks 3rd among all Division I schools in academics
- Made four straight appearances in the NCAA DII National Tournament from 2004-07
- Won 40 or more games from 2005-07, including a single-season school record 47 in 2007
- Reached the championship game of the 2005 NCAA DII South Atlantic Regional
- Ended 2005 with a No. 16 national ranking

Please complete and return with full payment by January 16, 2011 to:

Upstate Softball Camp
Attn: Chris Hawkins
800 University Way
Spartanburg, SC 29303

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

E-mail Address _____

Age/Graduating Class (Yr.) _____

High School _____

Parent's Name _____

Emergency Phone Number _____

Bat/Throw • Height • Weight _____

Primary Position _____ 2nd Position _____ 3rd Position _____

Resident Camp Day Camp

Parent/Guardian Authorization

I hereby give permission for my daughter to participate in the Upstate Softball Winter Camp and acknowledge the fact that she is physically able to participate in camp activities. I hereby authorize the staff of the Upstate Softball Winter Camp to act for me according to their best judgement in any emergency requiring medical attention for which services I will pay and release the Upstate Softball Winter Camp from any and all liability for any injuries or illnesses incurred while at camp.

Health Plan _____

Name _____

Policy Number _____

Parent/Guardian Signature _____

Purpose

To provide individualized instruction in the sport of softball. Fundamentals of fielding, throwing, base running, pitching, catching, hitting, and bunting will be taught with each camper participating extensively. With just 150 campers admitted, each camper will receive extensive individual instruction.

Equipment

Campers should bring cleats, sweats, sweatshirts, gloves, socks, and tennis shoes. Catchers should also bring their catching gear.

“ For the money and the quality of instruction each camper receives, there's not a better camp around. ”

—Rusty Adams, Head Softball Coach, Colleton County High School and member of the summer camp staff.