

General Information

Camp will be held at Cyrill Stadium
and the auxillary gym
on the campus of USC Upstate

The camp will be held from
11:00 a.m. - 4:00 p.m.
on January 19, 2008
(Rain or Shine)

Camp Director:
Ciria Ochoa
Assistant Coach at USC Upstate

Head Coach:
Chris Hawkins

Camp Assistant:
Ashleigh Beck

**For More Information
Please Call...**
Ciria Ochoa
(864) 503-5792

First 150 Girls Admitted
This will allow adequate time for indi-
vidual instruction for each camper

Please call for reservations!!

**Coaches are invited and
encouraged to attend!!**

Why Should I Attend?

As a female athlete, you want to be the best that you can possibly be. How can you better improve your skill than with practice and motivation from one of the area's most successful coaches? How can you learn proper form if you haven't been taught? Form and fundamentals such as weight distribution, top hand, and bat speed will be carefully and thoroughly explained in this small group setting. You can improve your game while your opposition - the girls you will one day face on the field - are not polishing their skills through practice, drills, and coaching.

Purpose

To provide individualized instruction in the sport of softball. Fundamentals of fielding, throwing, base running, pitching, catching, hitting, and bunting will be taught with each camper participating extensively. **With just 150 campers admitted, each camper will receive extensive individual instruction.**

Equipment

Campers should bring cleats, sweats, sweatshirts, gloves, socks, and tennis shoes. Catchers should also bring their catching gear.

Cost

\$50 per person
\$40 per person in groups of 8 or more
make checks payable to: Upstate Softball Camp

Camp Staff

Chris Hawkins

- Head Coach at USC Upstate
- Owns a 454-217-1 career record in 12 years
- Ranks among the nation's all-time winningest coaches in NCAA Division II
- Has led USC Upstate to four straight NCAA Tournament appearances and a final No. 16 national ranking in 2005
- Played fast pitch softball for 11 years
- Played professional baseball in the Houston Astros organization
- Has run fast pitch softball camps throughout South Carolina the past 15 years
- Has coached numerous travel teams

Ciria Ochoa

- Second Year at USC Upstate
- Pitching Coach at USC Upstate
- Played at Central Washington
- Holds Central Washington's all-time records for saves and games finished

USC Upstate Softball Players

- Made four straight appearances in the NCAA Tournament
- Has won 40 or more games in each of the last three seasons, including a single-season school record 47 in 2007
- 2008 Spartans return three All-Americans: Vanesa Flores, Heidi Gibbs and Shay Slater
- Ended the 2007 season with a 47-15 record
- Ended the 2006 season with a 41-18 record
- Ended the 2005 season with a 46-15 record
- Reached the championship game of the South Atlantic Regional in 2005
- Ended 2005 ranked No. 16 in the nation
- Broke or tied 23 school records and two Peach Belt Conference records on 2007

**Complete and Bring to Camp
Enrollment is Limited**

Name

Address

City State Zip

Home Phone

Age Graduating Class (Yr.)

High School

Parent's Name

Emergency Phone Number

Bat Throw Height Weight

Primary Position 2nd Position 3rd Position

Parent/Guardian Authorization

I hereby give permission for my daughter to participate in the Upstate Spartans Softball Day Camp and acknowledge the fact that she is physically able to participate in camp activities. I hereby authorize the staff of the Upstate Spartans Softball Day Camp to act for me according to their best judgement in any emergency requiring medical attention for which services I will pay and release the Upstate Spartans Softball Day Camp from any and all liability for any injuries or illnesses incurred while at camp.

Health Plan

Name

Policy Number

Parent/Guardian Signature



**Upstate Spartans
Softball Day Camp**

Space is Limited.

Register early to Guarantee your space.

(864) 503-5792

You'll be glad you came!

**Upstate Spartans
Softball Day Camp**



Girls ages 8-18 year old

"Softball at it's Best!"